



Tampines North Primary School

Confident Learners, Critical Thinkers, Rooted in Values

Primary 1 Orientation

11 November 2025



Administrative Matters

All parents are **strongly encouraged** to apply/register for:

- Parents Gateway (PG)
- Edusave Programme Standing Order (EPSO) - *for Singapore Citizen students only*
- GIRO application

For parents who have not applied/registered for the above, please approach the 'Can I Help You?' station outside the School Hall for assistance.



Tampines North Primary School

Vision

Confident Learners. Critical Thinkers.
Rooted in Values.

Mission

To Instill a Lively Curiosity and
Graciousness in Every Pupil.

Values

Integrity

I am honest and have the moral courage to stand for what is right*

Care

I take interest in looking after myself, my friends and my environment*

Respect

I value myself and others*

Resilience

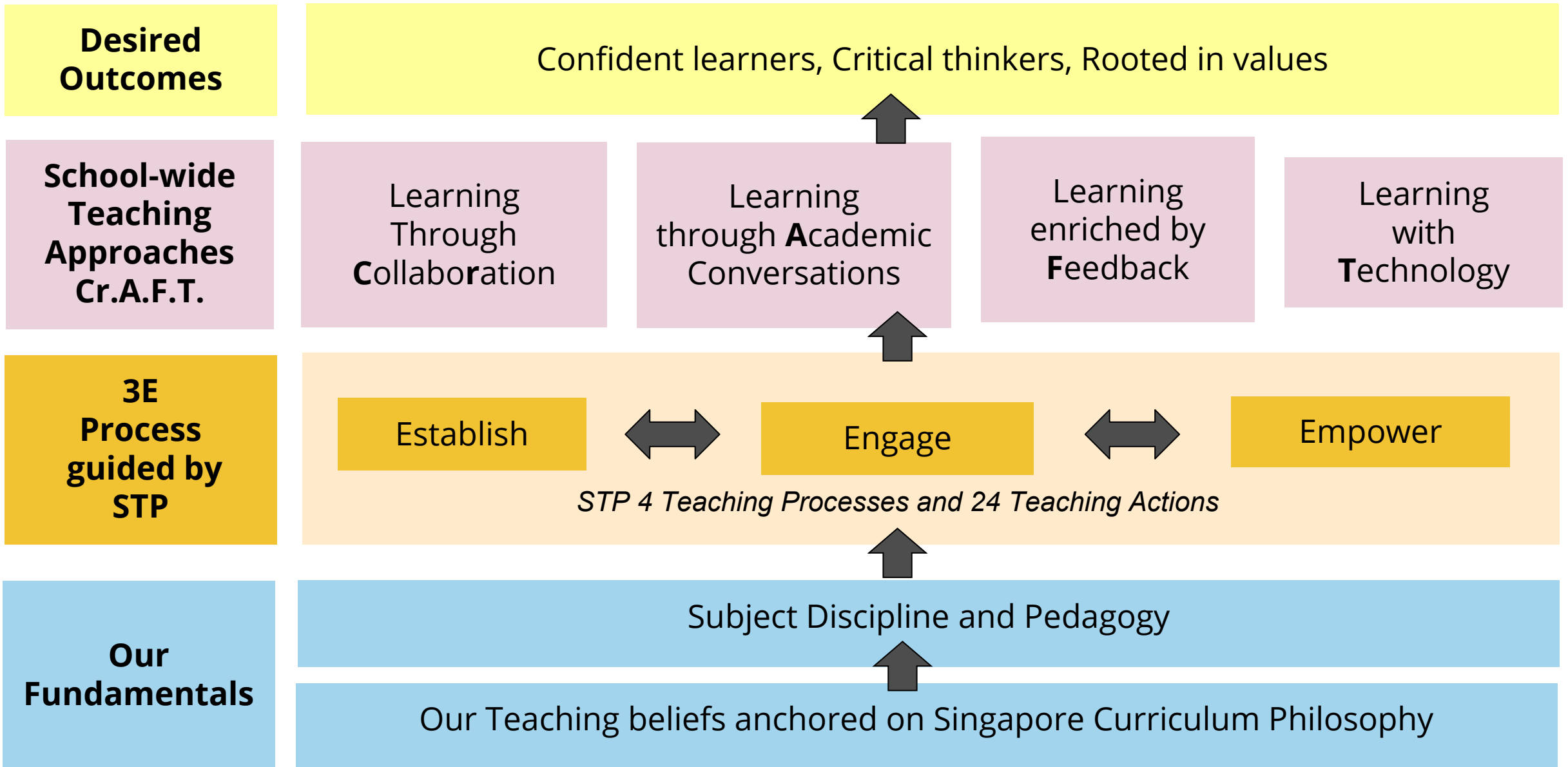
I will persevere and face my challenges*

Responsibility

I know and do what is expected of me*



Teaching and Learning Framework



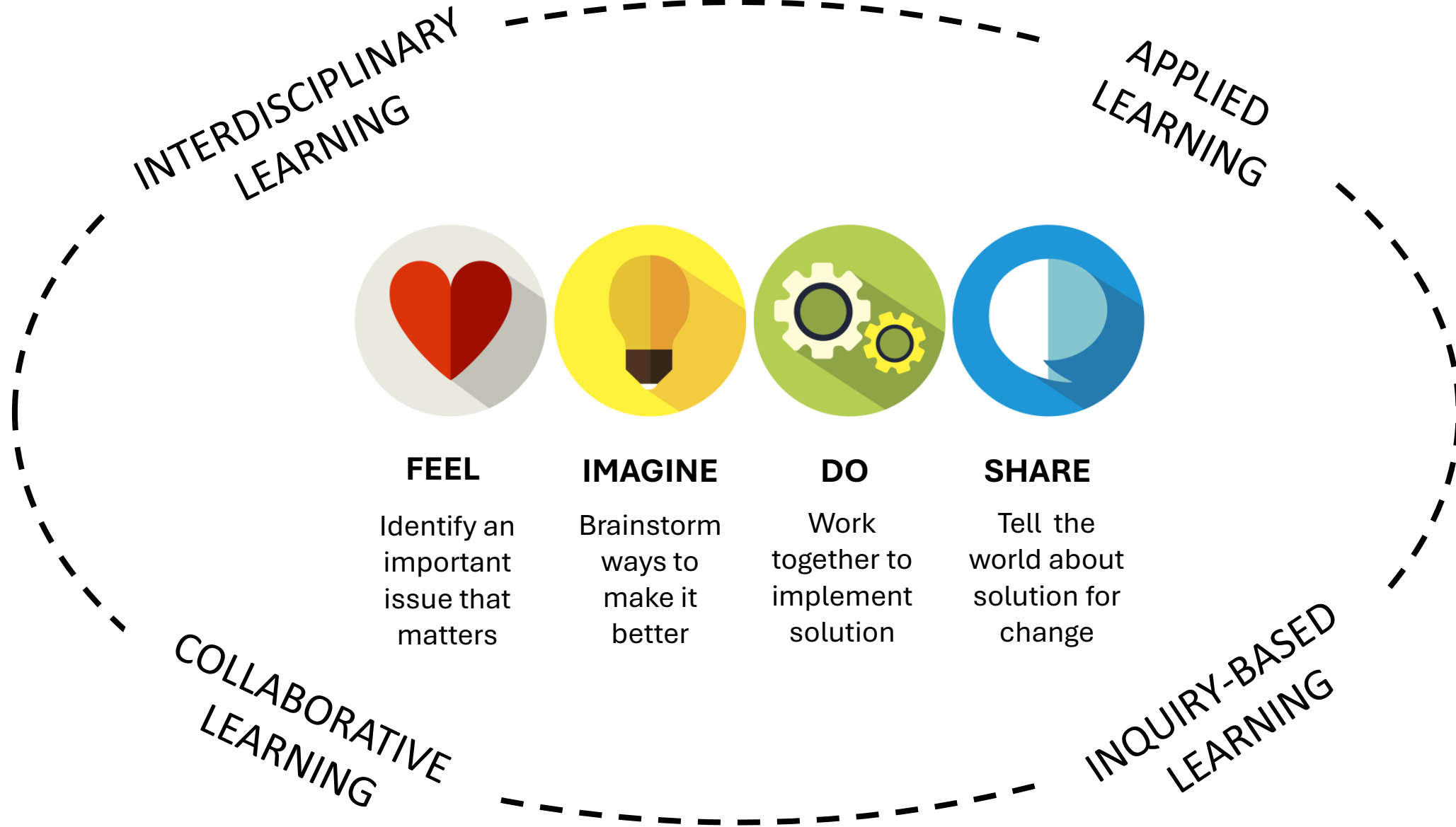
Revised Applied Learning Programme

TNPS Influencers for a Greener Tomorrow

New for 2026

Students will be presented with **real-world environment issues** to raise awareness and advocate for in their school and community. They will collaborate in groups to **explore the issue, create an artefact (such as digital posters and vlogs)** which will be used as a communication tool, and **share their message about the issue to their audience.**

Level	Advocacy Areas	Level Programmes	Target Audience	ALP Artefacts	ALP Platforms
P1	Sustainable Food Choices	My Healthy Plate	Class Family	Posters	Class presentation
P2		From SG to SG			Share with family
P3	Food Waste Reduction	Clean Plate Campaign	Class Level	Digital Posters	Class presentation
P4		Food Composting			Level showcase
P5	Food Security	Urban Farming	Class Level School	Vlogs	Class Presentation
P6		SG Food Story (SG 30 by 30)			Level showcase School showcase

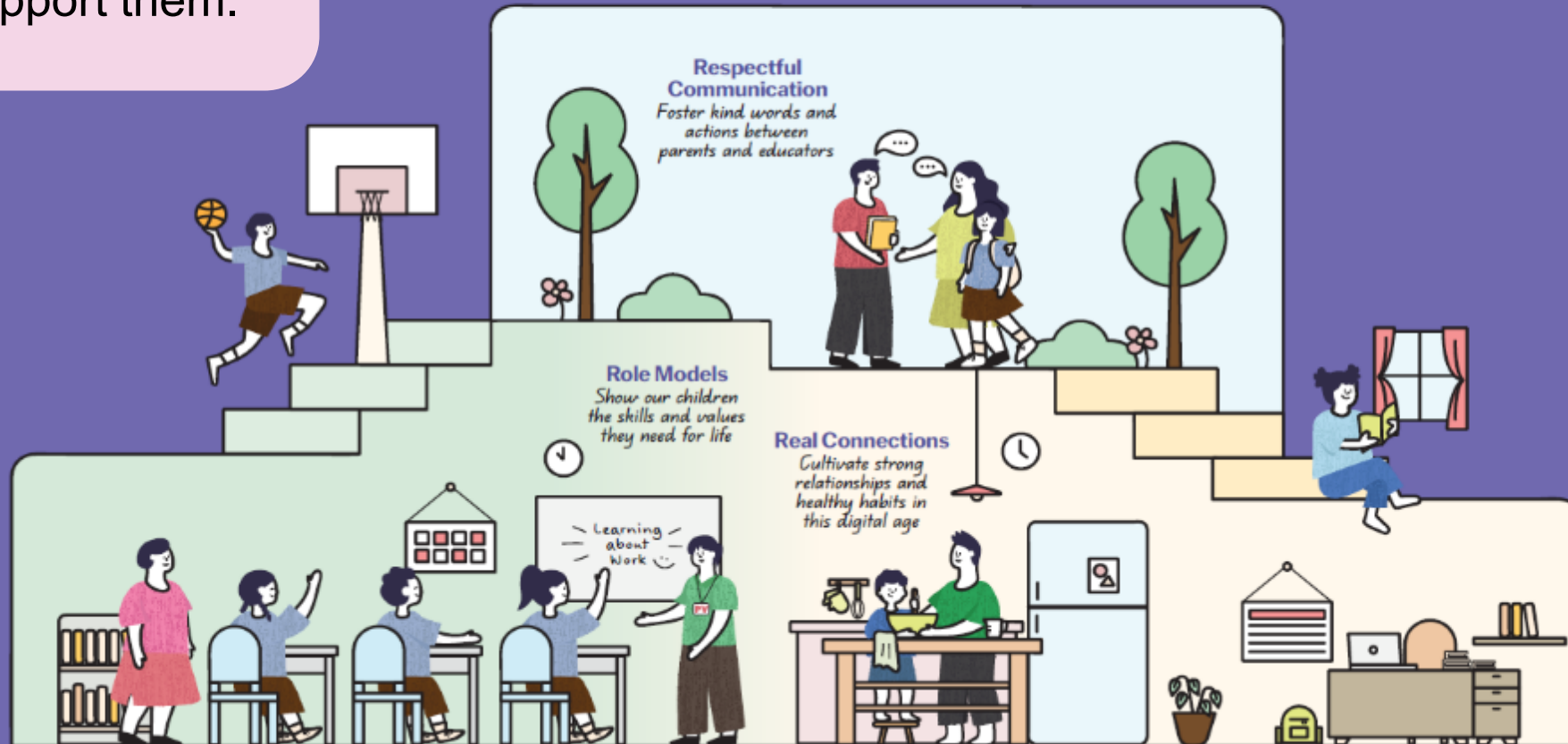


School- Home Partnership

Our children do best when schools and parents work hand in hand to support them.

Guidelines for School-Home Partnership

Raising a Happy, Confident, and Kind Generation Together



Respectful Communication
Foster kind words and actions between parents and educators

Role Models
Show our children the skills and values they need for life

Real Connections
Cultivate strong relationships and healthy habits in this digital age

3 areas we can work together on to foster School-Home Partnership

1 Respectful Communication

2 Role Models

3 Real Connections



Respectful Communication

**Foster kind words and actions
between schools and educators**



Listen to and understand each other's perspectives and concerns regarding each child



Communicate kindly using official channels. Teachers are not required to share their personal mobile numbers



Respect each other's time by communicating during working hours



Role Models

Show our children the skills and values they need for life



Find joy in everyday experiences with our children



Instill confidence by encouraging responsibility and believing in our children's abilities



Model good values in words and actions



Check out this video on MOE YouTube for tips on how parents can support the social-emotional learning of their children.

Real Connections

Cultivate strong relationships and healthy habits in this digital age

Establish good habits for our children to stay confident and in control of their technology use

Build strong bonds through shared experiences and meaningful conversations



Provide a balanced mix of engaging online and offline activities, at school and at home



Check out the refreshed Guidance on Screen Use in Children by MOH.



Transitioning to Primary 1

A **safe** and smooth transition for all



Smoothening the transition to Primary 1

When your child enters primary school, their experience will include:



How can you support your child?

Primary 1 is an exciting and fun stage for your child.
Help your child to enjoy the journey by developing these skills:



Relating Well to Others

Build your child's interpersonal skills by:

01

Modelling the use of friendly and polite phrases

"Hi! My name is...What is your name?"

"Could you help me with..."

02

Providing opportunities for your child to share and take turns during playtime with other children

03

Modelling respectful interactions

"May I please..."

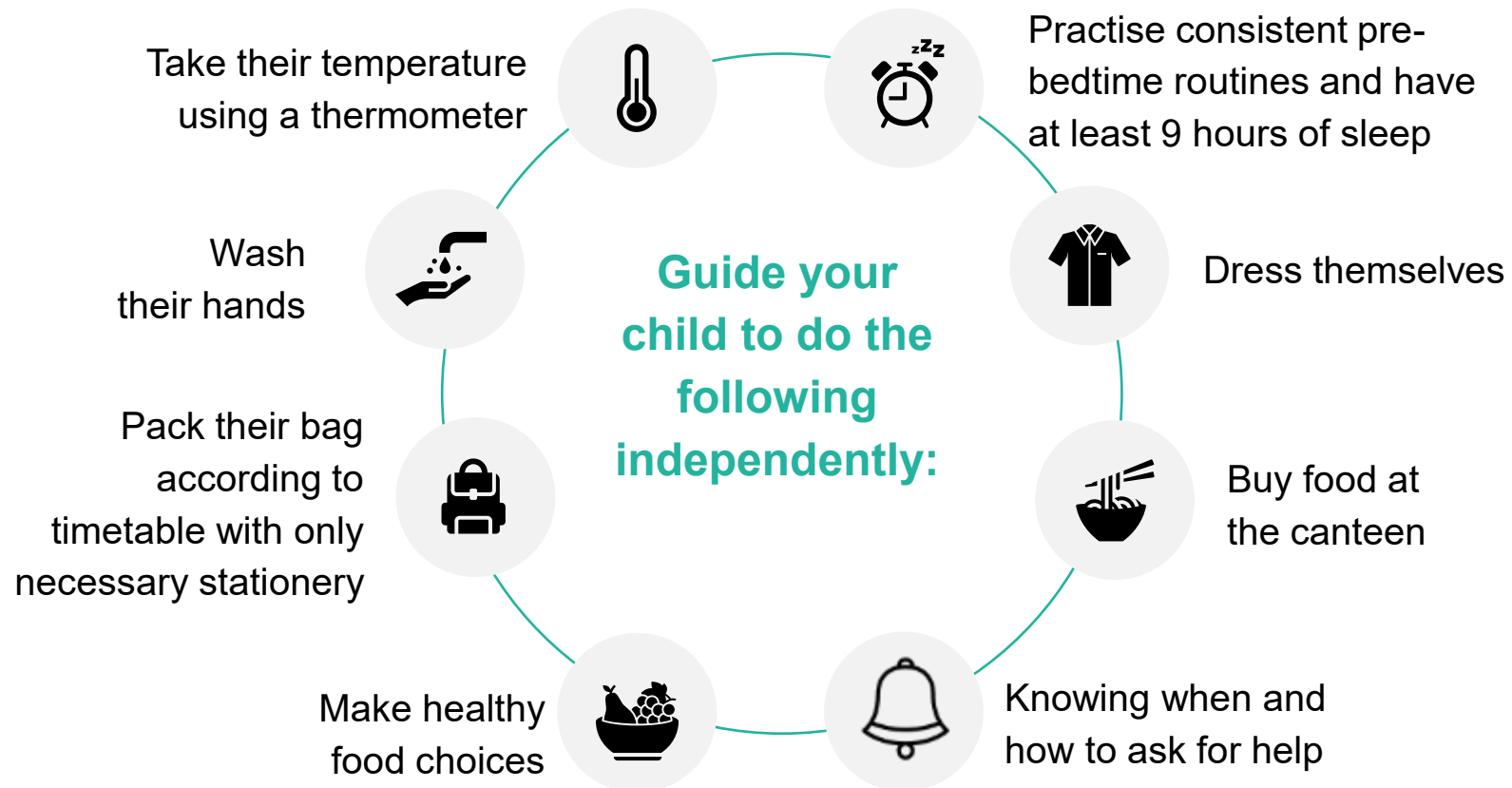
"It's okay if I can't join in..."

"I am sorry I ..."



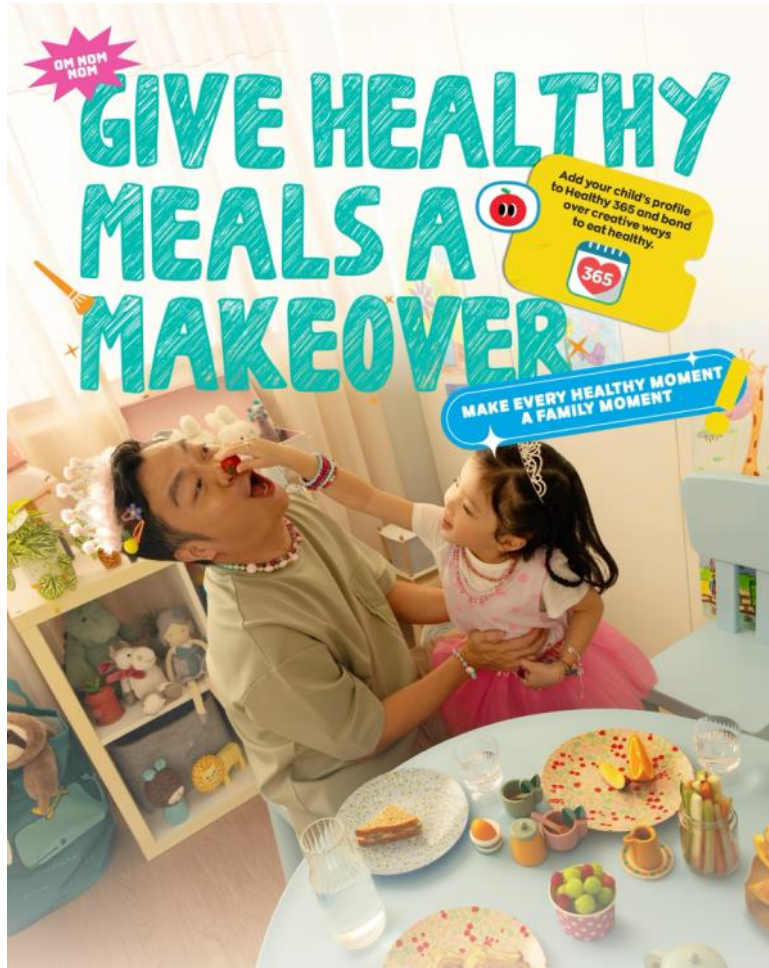
Developing Good Habits

Routines help your child build confidence and learn to manage things by themselves.



Developing Good Habits

Eating Healthy



Sleeping Well



Screen Use

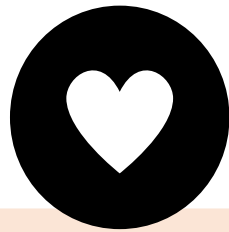


We are working to develop important life skills and competencies!



Executive Function Skills

- Managing Time
- Solving Problems
- Staying Organised



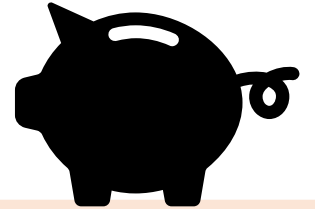
Emotional Skills

- Managing Big Feelings
- Learning from Mistakes
- Growing Confidence



Social Skills

- Asking for Help
- Making and Keeping Friends
- Handling Conflicts



Personal Management Skills

- Hygiene and Toileting
- Buying food independently
- Looking after belongings

Helping our Children to feel S.A.F.E

Support

your child and encourage them to overcome challenges with your care

Affirm

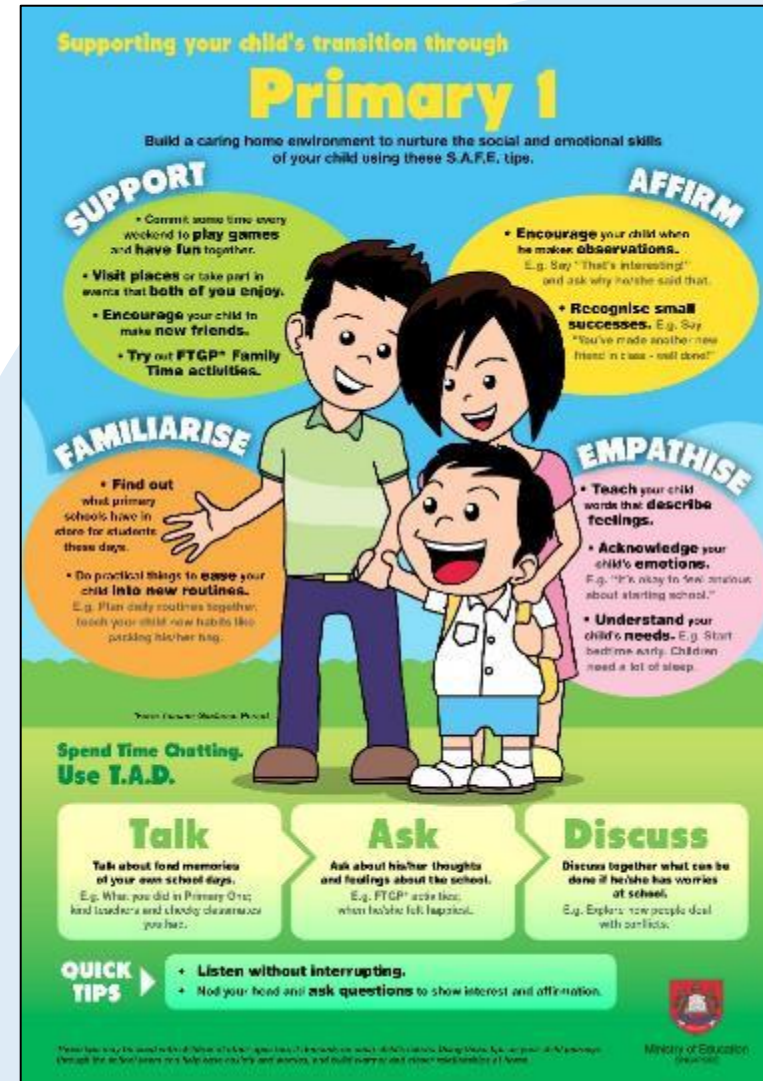
your child by recognising small successes and praising their efforts

Familiarise

your child with new routines gradually and share your experiences in primary school

Empathise

with and acknowledge your child's feelings



Life in Primary 1

What your child will experience in TNPS



Primary 1 and 2 Student Outcomes

Students are **responsible** and can achieve personal well-being, **adapts well** to the school environment, take responsibility towards own learning and **knows their interest and strengths**.



What are your **STRENGTHS**?

Let's talk about your **STRENGTHS**. If you can identify your strengths, you can easily work on **WEAKNESSES** that can be improved.

Remember, strength:

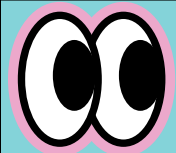
- is part of your personality
- makes you unique
- is how people usually see you as a person

My biggest strength is _____

In addition, my strength is _____

Also, my strength is _____

© Always Things To Do



Before the day begins...



Short and neat hair, no fanciful hairstyles. Fringe not touching eyebrows, hair not touching ears and collar



Nametag sewn about 1cm above school badge and pocket

Shirts tucked in at all times.

White Canvas Shoes.
Socks should cover ankle

Long hair reaching below the collar of blouse needs to be tied with black hair accessories



Simple ear studs

Pinafore to be at knee length



Before the day begins...

FAQ

ATTIRE AND APPEARANCE

a) Girls	A white short-sleeved blouse with collar, a blue pinafore with the school badge made of cloth sewn on it. The school pinafore must be at knee length.
Boys	A white short-sleeved shirt with the school badge made of cloth sewn onto it and blue shorts. The shirt must be tucked in neatly.
b) PE Attire	Tampines North Primary School T-shirt and school shorts. Girls should wear their pinafores over the PE attire once the lesson is over. P3 onwards
c) Name Tags	Name tags must be sewn or ironed on to the school shirt (boys), pinafore (girls) and PE T-shirt, 1cm above the school badge. If they have been misplaced or changed, new tags must be purchased from the uniform vendor.

School rules are printed in the school handbook.



Before the day begins...

I must pack my
schoolbag.



Timetable



Pack your child's schoolbag with him/her.



Teach your child to read the timetable.



Pack all stationeries.



Timetable (Issued during the 1st week of school)



A Day in a Life of a TNPS Student



- Arrival time
- Morning Mindfulness
- Flag raising
- Lessons
- Recess
- Snack break
- Dismissal





A Day in a Life of a TNPS Student



I must bring a story book daily.



Arrive by: 7:15 am
Flag raising: 7:30 am

Bring a storybook



Morning Mindfulness: 7:15 am - 7:30 am



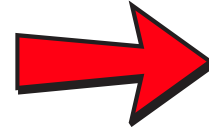
Dismissal (Mon- Fri): 1:30 pm





Arrival Points

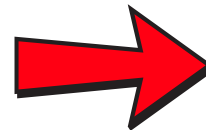
- **Back gate (Gate 5)**
- **Time: 6:45 am**



(Gate 5)

Blk 496E

- **Side gate (Turnstile) (Gate 2)**
- **Time: 6:30 am**



(Gate 2)

Near
Turnstile



Driving into School



No parking. Please drop your child off at the foyer.

Recess



FAQ

Recess and Snack break

I must bring healthy snacks



How much should I give my child?

\$2 - \$2.50



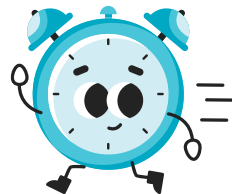
Recess time:

8:30 am - 9 am



How many stalls?

6



When is snack break?

between 12 – 1 pm

10 min only

1 Western stall (Halal)
2 Malay Food Stalls (Halal)
2 Chinese Food Stalls (non-halal)
1 Drinks Stall (Halal)

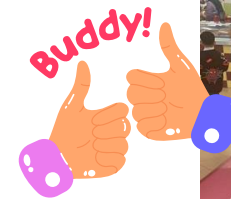




Do P1s have buddies during recess? Are there teacher aides to help them settle?

Primary 1 students are paired with a P4 buddy who guides them during recess for the first few days.

Teachers and parent volunteers are also stationed in the canteen and play areas to ensure their safety and help with buying food.

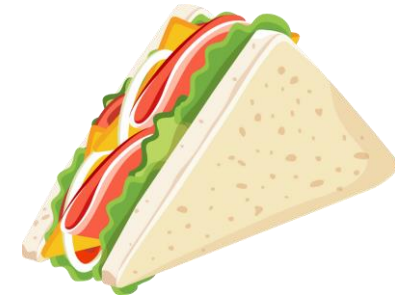
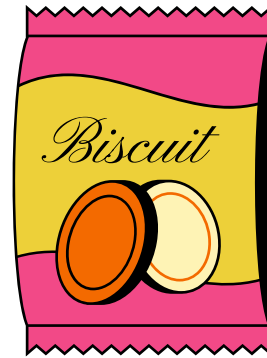


FAQ

Snack break ideas – Dry snacks



I must bring healthy snacks

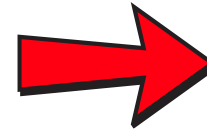




Dismissal Points



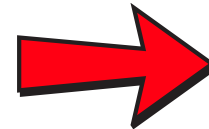
- Fetched by parents/guardians
 - Back gate (Gate 5)



(Gate 5)

Blk 496E

- Student Care
 - Sheltered Basketball Court

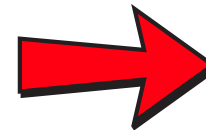


Sheltered basketball court

(Gate 4)

- Siblings and after school lessons such as Reading Programme.

- Side gate (Turnstile) (Gate 2)



(Gate 2)

Near
Turnstile



What if my child has an older sibling in school?

Siblings can wait at **designated areas in the hall**. Teachers will coordinate for siblings to meet before dismissing them to the side gate.



What if I'm late in picking up my child?



Dismissal is supervised by all teachers. Any child whose parents are delayed will wait in the **general office area** under staff supervision.

School bus

Students to go to the hall.





Homework

- ☐ To reinforce learning concepts taught and practiced in class, and to build strong learning dispositions of discipline and resilience, there will be homework assigned for students. Students will be given sufficient time and guidance to complete these tasks.



Class Composition– How are students grouped?

Students are grouped based on a balanced mix of gender and race to promote inclusivity and peer learning across all classes.

Learning Support – How does the school support students who require additional support?

- LSP (Learning Support Programme)
- LSM (Learning Support for Mathematics) in smaller groups
- Special Educational Needs Officers (SENOs) also provide in-class and pull-out support for students who require additional help.

General School Information

- **Bookshop opening hours (for parents)**
 - Mondays, Wednesdays, Thursdays, Fridays: 2:30 pm to 3:30 pm
 - Tuesdays: 2:30 pm to 3 pm
- **Uniform sales**
 - Tuesdays, 2:30 pm to 3:30 pm
- **Dental Clinic**
 - Schedule is not fixed monthly. Please Whatsapp Ms Nur Annisa at 91124295 to make an appointment.



Tampines North Parents Support Group (TNPSG)

Where school and home come together to help our children grow



Dads@TNPS

- **Strong Fathers, Supportive Families, Thriving Students**
- **To inspire fathers to strengthen their families**
- **Partner with us and join us for bonding activities, workshops and more!**



Keen to join us as our partners?



go.gov.sg/tnpspartners

Thank you!

