

**Tampines North Primary School**  
**PE Department**  
**Primary 5**  
**Scheme Of Work (Outline)**

**Term 1 SOW**

Week	Topic	Remarks
T1W1	Physical Health Fitness	
T1W2 – 3	Gymnastics	
T1W4 – 5	Athletics	CNY PH: 23 & 24 Jan
T1W6 – 10	Games & Sports	

**Term 2 SOW**

Week	Topic	Remarks
T2W1 – 2	Gymnastics	
T2W3 – 6	Games & Sports	Good Friday PH: 7 Apr Hari Raya Puasa Scheduled Sch Hol: 24 Apr
T2W7 – 8	Athletics	Labour Day PH: 1 May
T2W9	Outdoor Education	
T2W10	Dance	

**Term 3 SOW**

Week	Topic	Remarks
T3W1 – 3	Physical Health Fitness Gymnastics	Hari Raya Haji PH: 29 Jun Youth Day Scheduled Sch Hol: 3 Jul
T3W4 – 7	Games & Sports	National Day/Scheduled Sch Hol: 9 to 10 Aug
T3W8	Outdoor Education	
T3W9 – 10	Dance	Teacher's Day Scheduled Sch Hol: 1 Sep

**Term 4 SOW**

Week	Topic	Remarks
T4W1 – 4	Gymnastics	Children's Day Sch Hol: 6 Oct
T4W5 – 9	Games & Sports	
T4W10	Outdoor Education	Deepavali Public Hol: 13 Nov