

**Tampines North Primary School**  
**PE Department**  
**Primary 1**  
**Scheme Of Work (Outline)**

**Term 1 SOW**

Week	Topic	Remarks
T1W2	Physical Health Fitness	
T1W3 – 5	Gymnastics	CNY PH: 23 & 24 Jan
T1W6	Outdoor Education	
T1W7 – 10	Games & Sports	

**Term 2 SOW**

Week	Topic	Remarks
T2W1 – 4	Gymnastics	Good Friday PH: 7 Apr
T2W5 – 7	Games & Sports	Hari Raya Puasa Scheduled Sch Hol: 24 Apr Labour Day PH: 1 May
T2W8	Outdoor Education	
T2W9 – 10	Dance	

**Term 3 SOW**

Week	Topic	Remarks
T3W1 – 4	Physical Health Fitness Gymnastics	Hari Raya Haji PH: 29 Jun Youth Day Scheduled Sch Hol: 3 Jul
T3W5 – 7	Games & Sports	National Day/Scheduled Sch Hol: 9 to 10 Aug
T3W8	Outdoor Education	
T3W9 – 10	Dance	Teacher's Day Scheduled Sch Hol: 1 Sep

**Term 4 SOW**

Week	Topic	Remarks
T4W1 – 2	Gymnastics	
T4W3 – 8	Games & Sports	Children's Day Sch Hol: 6 Oct
T4W9 – 10	Dance	Deepavali Public Hol: 13 Nov